

ANNE FRANK FORWARD

November 2017
Volume 3

Anne Frank PS

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Elementary Progress Report Cards!

Dear Families,

Things continue to be very busy at Anne Frank! Between student leadership initiatives, teams, assemblies and performances, it has been quite busy!

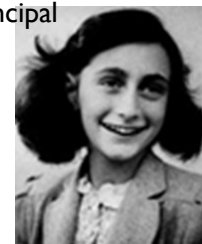
In a few weeks, Elementary Progress Report Cards will go home. Please remember to fill out the appropriate portion of the report and return it to the school in its original envelope as soon as possible. Please take the time to review the first page with your child. The first page highlights the Learning Skills and Work Habits that are to be taught and assessed. The following six skills are the same from Grade 1 – 12: • Responsibility; Organization; Independent Work; Collaboration; Initiative; Self Regulation Teachers will use the following letter symbols to report on development of these Learning Skills and Work Habits during the first four to six weeks of school: E – Excellent, G – Good, S – Satisfactory, N – Needs Improvement

The second page of the Progress Report Card informs parents/guardians of the progress students are making towards achievement of the curriculum expectations for each subject/strand. In completing the Progress Report Cards, teachers will check one of the following to indicate progress in each of the subject areas: Progressing With Difficulty; Progressing Well; Progressing Very Well.

The evening of Thursday, November 23rd and the morning of Friday, November 24th are set aside for the purpose of Parent/Guardian -Teacher Interviews. There is no school for students on the PA Eay, Friday, November 24th. Please stay tuned for information on the online booking procedure as it will be sent home soon. If you are unavailable on either of these dates, a telephone interview can be arranged with your child's teacher. Please contact your child's teacher directly to make alternative arrangements.

We look forward to a busy and fun fall season, full of learning and growth. As always, if you have any questions, please feel free to contact us. Our door is always open.

Elizabeth Lau, Principal and Doug Chester, Vice-Principal



"How wonderful it is that nobody need wait a single moment before starting to improve the world."

Anne Frank

BE A LEADER! BE A LEARNER! BE A THINKER! HAVE A VOICE! HAVE FUN!

Anne Frank School Council

Anne Frank PS held its first School Council Meeting on Wednesday, October 4th. The following parents/guardians will make up the Anne Frank PS School Council for the 2017-2018 school year:

Co-Chairs - Carly Moore and Michelle Shapiro

Treasurer - Dan Jankelow

Secretary - Jen Offenheim

Voting Members (10): Sandy Lynch, Brooke Halpert, Natalie Sela, Poly Birnbaum, Jessica Preskow, Sally Shapiro, Noa Rothman, Jordana Lieberman, Miriam Zemel and Dayna Neiman

Our next School Council meeting will be held on Monday, November 6, 2017 starting at 7pm in the library. Childcare will be provided.

Daily Schedule

Staff begins outdoor supervision at 8:55 am.
Our school day begins promptly at 9:10 am— please be on time!

Entry Bell	9:10 am
Period 1	9:10-10:10 am
Period 2	10:10-10:50 am
Recess	10:50-11:20 am
Period 3	11:20-12:20 am
Period 4	12:20-1:00 pm
Lunch	1:00-2:00 pm
Period 5	2:00-2:00 pm
Period 6	3:00-3:40 pm
Dismissal	3:40 pm



Teacher Interview Scheduling through Edsby

Anne Frank PS families were asked to verify the email addresses we have on record at school. In the next few days, you will receive information about how to set up an Edsby account to book interviews on November 23rd and 24th. You will need to set up an Edsby account in order to book interviews.

School Bus Information
Visit www.schoolbuscity.com to check routes and times.

Anne Frank Cross Country Team 2017



Our cross country team performed very well at the Area meet, with 7 students placing in the top 15 allowing them to attend the Regional meet. **Congratulations to Jordan F. (gr. 4), Ben D. (gr. 5), Ben F., Jake F., Noah G., Ethan M. (gr. 6) and Owen (gr. 7).**

All runners showed great sportsmanship and determination at the Area meet.

Special 'Thank You' goes to our parent volunteers that helped at the Area and Regional meet.

Congratulations to all our runners from grades 4 to 8.

Well done everybody! Thank you for coming out and participating in this year's Cross Country team.

The Cross Country Coaches

Ms. Cornell, Ms. Koltunov and Ms. Napoli



Every Monday Anne Frank students will be participating in "Mindful Moments". Each week we ask students to stop classroom activities for 5 minutes and engage in a mindfulness activity.

What is mindfulness? a mental state achieved by focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations, used as a therapeutic technique.

Below are some examples of some of the Mindful activities:



November 11th is Remembrance Day!

In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.
Lieutenant-Colonel John McCrae
~ May 3, 1915
(As published in Punch Magazine, December 8, 1915)



Student Medication

If your child requires medication in school, please bring the original container to the office labelled with your child's name and the correct dosage. Medication can be administered by school staff once a parent completes a Board form, "Staff Administration of Medication." These can be obtained through the school's office.

Absences/Lates

Reporting your child absent or late by the following easy methods:

Call into the automated interactive telephone system (**1-855-203-2994**) through which absences can be reported.

Log into the website, yorkrdsb.schoolconnects.com

Parents/Guardians who have authenticated their accounts and have either an iOS or Android device can download an app that can be used to report absences.

Please remember to report your child late or absent before 9:10 a.m. in order to avoid the automated attendance phone calls that will follow.

Tumble Book Library

Recently the children at Anne Frank Public School received access to Tumble Book Library, a curated database of children's e-books. It has 1100 titles for grades K-6, and includes unique animated, talking picture books, read-along chapter books, national geographic videos, non-fiction books, playlists, as well as books in Spanish and French. Plus, the collection features Graphic Novels – a student favorite! As well as Math Stories!

Tumble Book Library is available by subscription to Elementary Schools and Public Libraries around the world. With money raised by parents through fundraising initiatives last year, we are happy to announce that, Tumble Book Library will now be available for our children to enjoy this 2017/2018 school year.

Thank you families and the Anne Frank PS School Council for their ongoing support.



Blue Willow Public School

Invites all parents and caregivers to join us for a free parent presentation

A Simple Gift: Emotional Regulation

For parents of children birth to 12 years of age

Negative emotions (e.g., anger, sadness, fear, jealousy) and the difficult behaviours that may follow (e.g. temper tantrums, whining) are normal in young children. Not learning to manage negative emotions in the early years may result in later problems. This presentation will provide information and practical strategies to help families.

You will learn about:

- What is emotional regulation
- Long term implications of negative emotions
- The importance of learning about your child's unique temperament, strengths and areas of improvement
- Triggers that set off emotions
- The 8 principles of emotional regulation and how you can teach you child to identify and cope with their feelings

Location: Blue Willow Public School
250 Blue Willow Dr. L4L 1E1

Date: Thursday November 9, 2017

Time: 7:00 p.m. – 9:00 p.m.

To register please contact:
Oksana Majaski, Community Resource Facilitator
Oksana.majaski@yrdsb.ca or 416-568-2252

This presentation is brought to you by Blue Willow P.S. in partnership with Blue Hills Child and Family Centre and York Region District School Board

National Walk Day is Wednesday November 1st

The Eco and Healthy Schools Committee organized our first “Walk to School Day” this year. On Wednesday, October 4th 2017, we encouraged all families to walk or bike to school. If you need to drive to school, try and park the car a little further and walk the rest of the way. Students will be outside collecting data of how many people we see walking to school. Every month we will be comparing our data in hopes of having more and more people walk to school.

What are the healthy benefits of walking to school?

Physical activity doesn't need to be complicated. Something as simple as a daily brisk walk can help you live a healthier life.

For example, regular brisk walking can help you:

Maintain a healthy weight

Strengthen your bones and muscles

Improve your mood

Improve your balance and coordination

The faster, farther and more frequently you walk, the greater the benefits.

How can we help the environment by walking to school? When you choose to **walk** or cycle instead of **driving**, you help to reduce pollution in the **environment**. Active transportation, such as **walking**, cycling, in-line skating or skateboarding, is a great way to reduce greenhouse gases. Vehicles contribute to approximately 30% of total greenhouse gas emissions in Canada. We would save about 3.8 million tonnes of greenhouse gas emissions each year if every Canadian left their car at home just one day a week. This is the equivalent of taking about 800,000 cars off

Alexander Mackenzie High School is running its **Grade 8 Open House Night** on **November 9th from 7-9 pm**. The evening will begin with a parent assembly in the cafeteria followed by a school tour. There will also be 4 breakout sessions to highlight



our specialized programs. AMHS looks forward to welcoming our future student and parent community on November 9th.

Helpful Hints

Fire Drills

- School are required to hold 6 Fire Drills a year according to YRDSB **policy 668.3**

- Fire Drills are to be schedule, and maintain a record of, six fire drills each year, three per term or semester, recognizing that one unplanned fire evacuation may count;

Students shall:

- only pull the fire alarm in the event of a fire;
- understand that misuse of the fire alarm may result in disciplinary action up to and including suspension and/or expulsion;
- wear footwear at all times;
- follow instructions during the evacuation of the building.

Flu Season is on its way – are you ready?



Flu season is nearly here. Be prepared by getting the flu shot as early as possible.

The first and best step to preventing influenza (the flu), is to get the flu shot every year. Influenza spreads quickly and easily from an infected person to others.

Everyone six months of age and older can get the flu shot.

Flu shots are available at:

- Health care provider's offices for people six months of age and older
- Participating pharmacies, for people five years of age and older

Visit ontario.ca/flu to find where you can get the flu shot.

How can the flu be avoided?

- Get the flu shot!
- [Wash your hands](#) well and often with soap and warm water. If soap and water are unavailable, use an alcohol-based [hand sanitizer](#)
- Cover your mouth and nose with a tissue when you cough or sneeze and throw the tissue out immediately. Wash your hands afterward. Cough into your upper sleeve if you don't have a tissue.
- Avoid touching your eyes, nose and mouth
- Avoid large crowds and stay home when you are sick
- Keep common surfaces and items clean and disinfected

To learn more about flu and the flu vaccine visit york.ca/flu



Music News

Save the Date:

SNOW BIZ!

A musical production about the joys of winter!

Featuring all students in grades 1-3

We will be having two performances:

**Tuesday, December 5th at 2:15 pm &
Wednesday, December 6th at 6:00 pm**

More details to come!

MusiCounts Application due this month

Thank you everyone for your ongoing support with the music program!

We are applying for a grant to purchase more instruments through MusiCounts near the end of this month

If you would like to write a letter of support outlining why our school needs funding for more instruments that would be very much appreciated!

Please send all letters to Mrs. Hopkins by November 15th either in hard copy or electronically.

stephanie.hopkins@yrdsb.ca

Support letters should focus on why music is a valuable part of **our** school community. For more information on writing a support letter for this application please visit:

<https://www.musiccounts.ca/programs-overview/band-aid-program/>

Thank you,
Students and Staff at Anne Frank Public School



The York Region Board of Education is hosting...

THE RING OF PEACE

A Unity Rally of Action



The **Ring Of Peace** Unity Rally is an opportunity for youth, families, and community members to address the impact of increased hate crimes in our region.

It's an opportunity to inspire action by calling on our communities to embrace intentional inclusionary practices for all people of diverse identities.

Come join us by standing together in solidarity to build a community that values diversity, embraces equity and champions inclusion for all!

Thursday November 2, 2017
11:00 am to 12:30 pm

Dr. Bette Stephenson Centre For Learning
36 Regatta Avenue, Richmond Hill



Ring of Peace

Did you know that over the last couple months YRDSB schools were vandalized with anti-semantic, racist, Islamophobia, and homophobic graffiti? It is still hard for us to believe that students, and staff members had to walk into those schools every day, to see that they are not welcomed, and afraid. Luckily after this, YRDSB organized a Unity Rally. Students all over YRDSB schools joined. Mrs. Pathak, Lir, Sienna, Eden, Kai, Billy, and Ali, were grateful enough to represent Anne Frank Public School at this rally.

This experience was a privilege, everything that the guest speakers said was truly inspiring. One of the young speakers talked about how he hears students at school saying “That’s so gay,” “That’s so cancerous,” as well “That’s so autistic,” it was heartbreaking. The second young speaker was 11 years and went to a associated Hebrew school. She stated that at home they would learn about her past family. That during World War II, 6 million Jews were killed. When she asked her mom why this happened, her mother said she would understand when she was older. She truthfully said that she still doesn’t get why.

At the rally 3 high school students talked about fact that people always naturally assumed things about them. For example, the fact that a man was Muslim but was always told that he wasn’t black enough, or that he wasn’t Muslim enough, because he was part African-American, this is unimaginable. He was always asked the most hateful questions, worse then you can ever imagine.

Another Muslim student said that people always assumed that she was forced to wear her hijab, and that her parents were strict. She stated that was the opposite. She loved her culture and believed in it. Is that a problem?

The last student was always asked if she was Muslim, and told that she couldn’t because she didn’t wear a hijab and felt like she never fit in at high school. Since she went to a private school. People had always assumed that she was rich and smart; until she said it was a private Muslim school.

Do you think these scenarios are okay? They’re not, that’s where we come in! We need to make a change, welcoming schools, and communities! Inclusivity creates a better school.

By Lir Yissea and Sienna Murray



November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Day 4	2 Day 5	3 Day 1	4
Holocaust Education Week						
5 Daylight Saving Time Ends Move clock backward 1 hour	6 Day 2 Performance Grades 4– 6	7 Day 3	8 Day 4 Guest Speaker: Mr. Pinchas Gutter (Holocaust Survivor)	9 Day 5	10 Day 1 Remembrance Day Assembly	11 Remembrance Day
Holocaust Education Week						
12	13 Day 2	14 Day 3 Lion Pride Assembly	15 Day 4	16 Day 5 Fresh from the Farm—delivered	17 Day 1	18
Grade 7 Lake St. George Trip						
19	20 Day 2	21 Day 3 Progress Report Cards Go Home	22 Day 4	23 Day 5 Evening Parent Teacher Interviews	24 P.A Day	25
Book Fair Week						
26	27 Day 1	28 Day 2	29 Day 3	30 Day 4		
Author Visit— Gwen Petreman						

Upcoming Dates:

December 6	Primary Musical
December 5	Lion Pride Assemblies AM
December 15 and 18	Grade 2 BORC Trip
December 22	Last Day before Winter Holidays

November 21st
Progress Report Cards Go Home

Character Trait for the Month of November

Honesty

The definition of honesty is the quality of being truthful.

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